

FATHER'S INVOLVEMENT IN CHILD DEVELOPMENT

Gohram Baloch

ECD Practitioner Advanced Diploma in Early Childhood Development from
Aga Khan University Karachi Pakistan.

ABSTRACT

Father character is very much vital to the greatest improvement and well-being of a child. In past it was understood father's part was just of financial earner but, now it embraces emotional support, nurturing, care giving, and overall development. The goal of this literature analysis was to discover "father's involvement" in his "children's", rational, "physical", "social", "emotional", mental "cognitive" and reasoning improvement and "development".

Early child development starts establishing a country from zero. The main assets of a country are its inhabitants. If the children of a country pass through a favourable early child development in their childhood, their base strengthens and the whole nation succeeds.

In early years "Father Involvement" plays an accurate crucial part in child development. Dad's positive participation can mark academic, theoretical, educational successes, achievements and formal education of the children.

The Literature evaluation talked about following query: "Father's involvement" in child "growth and development" from birth till the age of 8.

Thirty published articles were searched including “nationally and internationally” throughout Literature exploration. Nevertheless merely twenty “articles” have been found related to study. These terminologies have been utilized for L search ””role of father in cognitive development”, “role of father in social and emotional development”, “role of father in physical development,”... “Fatherhood “)

FINDING: Father’s energetic, dynamic participation,” involvement” and attention in “child care and development” enhance the holistic development of the children. Those children are more “socially”, intellectually, “cognitively”, “emotionally”, and “physically” developed who spend much quality time with their fathers positively.

CONCLUSION: The evidence verified effective connections “father’s involvement in child development”. Father’s participation and contribution has a countless influence on child overall and “holistic development,”

INTRODUCTION:

There are many researches pointing out that father involvement can play an appropriate and indispensable role in child development during early years. “ECD” is measured as the era of kid’s life “from conception” till 8 years of a child.”ECD holds whole the important backings a new kid wants to live and raise strong and healthy in life, also care a “family” needs to stimulate kids’ strong development. This contains incorporating and participating “development”, food, and intelligent, rational, motivation.

PARENTING AND CAREGIVERS: The raising of kids particularly required attention, affection and direction set “by a parent” is called childrearing. The one who takes care of a child is called a “Caregiver”. Furthermore, the one who takes care of a child that may be a teacher, mother, grand parents, siblings, relatives? In addition a person that recognized that what are the needs of child, get them fulfilled children all basic needs such as, psychological, “emotional”, societal, “physical”, for strong existence, “growth and development”

It has been revealed in the research that constructive association among those people who are “parents, caregivers” and kids are linked with great self-honor good performance in “academic career” whereas weakened association consumes damaging outcome for example, sadness or involved in bad activities such as drug use in children and youths, adolescents.

The “caregiver” makes sure every child's needs and requirements are food, safety, and daily routines needs are fulfilled, having an important part in nourishing, napping, changing, observing, pondering and playing with “children”. “Caregiver” plays an essential character in the stability of up keeping and caring those kids practice. In addition, Ecd is the base of anyone personality then “caregiver” can play a very important and key role to get the foundation considerable strong. Furthermore, Caregivers tries to become a secure base to support children when they want to explore and learn around. “Caregivers” recognize “children holistically” and have respect kids’ privileges and increasing “social and emotional skills”.

“SIGNIFICANT OF FATHER”: A well-known “sociologist” says, no one can bring constructive benefits to their children nevertheless, father. “Father” has a great and countless and direct, straight impact on the good

wellbeing of their “children”. Furthermore, “father’s” indirect influences can be counted which is very important as well in this way the quality of their relationships with the mother of their kids. “A father” who has a positive relationship and association with the mother of their kids is more actively, enthusiastically to be involved and to pass time with their children and to have children who are psychologically, mentally and “emotionally” and “socially” sound enough and sufficient. A decent “academic” and educational outcome, result has been shown in those “children” who acquire required and mandatory care by the “father”. Some of researches recommend that infants who get liked, loved, cared, nurtured by father those kids, children raise with advanced IQs, intelligences, as well as good linguistic, verbal and problem solving reasoning capacities possess. Young “children whose fathers” are involved get to school along higher levels of school readiness and willingness, and can compact the stressful situation than young children who are less and not as much of involved with “fathers.” .

FATHER AND MOTHER: earlier “psychologists” learning the progress of kids motivated that mother relationship and association is very much significant for “children development”. However, today, they came to agree that “father” “plays an equal and crucial role in nurturing and guiding” “children’s development as mother.”

It goes without saying that mothers look after additional than fathers for the pleasant and safety mechanisms of affections mostly since, mothers are generally the baby’s chief care provider . A father who looks after of the baby and be as responsive to his babies’ attachments is formed by babies with their fathers as babies do with mother.

Both mothers and fathers play the equal role to help the child to observe the world manipulate and operate objects and “explore physical” interactions. However, “mothers and fathers have” diverse styles of child-rearing. Mother expresses nicely and lovely in repetitive rhythms to their kids and comfortably holds them. Father provides more spoken and bodily inspiration, through touching their kids smoothly plus connecting toward them by loud rushes of sound. As children rise up they enjoy and like and wish to play with their dads that deliver good stimulation as well as strong and positive contact and communication to his children. This stimulation and inspiration is very much important since it conveys up healthy and well progress of the kid’s intellect as well as could possess enduring properties on kids’ cognitive, “social”, “emotional” plus “intellectual, development”.

Positively fatherhood associates powerfully with numerous traits of kids effectively rising one the reference aforementioned declarations someone is able to say that father is not the merely financial source for his children .He also plays precise essential role in child holistic development. . The motive to select this area is that generally individuals are not aware regarding the significance and reputation of “father’s” character in “child development” even though his role in child development is undeniable. This LR addressed the following questions

LR Queries

This LR is associated with “father’s involvement in child development.”

“The questions that have been selected for the literature review are as under:”

Q: “What is the “father involvement” in “child development” from birth to 8 years?”

Q: “What the significance of” “father involvement” is in terms of “social”, “emotional,” “cognitive” and “physical development?”

PROCESS/Methodology

OBJECTIVES:

- To find “the role” plus “responsibility of father” in “child development”.
- To determine the” father’s practices” for “child development”.

Literature searched done Google and Google scholar and some other sources ERIC, Pub Med. All these databases were used in search, but most of the articles were searched through Google Scholar Initiallyly databases searched for peer reviewed articles published in between 1995 to 2005. But, very few articles were found in this search. Then in later we limited the publication year from 2006 to 2013. I used diverse combinations of the following key words and phrases, father involvement in child care, child development and father., child emotional development and role of father in cognitive development, role of father in social development, role of father in physical development, role of father in child learning, father and child play, fatherhood, father responsibility in child.

Different evidences from international regional and national research/articles studies were reviewed. 28 articles have been searched and 20 reviewed. A grid/tool was used through which all articles which are included in literature review were synthesized.

The outcomes of the LR were systematized in the 4 main themes. “Effects of father involvement on cognitive development”, “effect of father involvement” on “social emotional and physical development”.

KEY ORGANIZATION OF EVALUATION:

According to the objectives “The synthesis of literature review” is structured underneath.

“COGNITIVE DEVELOPMENT”: it is the appearance of capacity to reason plus, comprehend, recognize. Having reviewed the journals a journal article revealed that there was research on the “role” of “father” in the child CD the correspondents of the research had been the children who were enrolled in school. A tool name “piagentain level” of CD “questionnaire” was used to measure the level of CD. This research findings were those “children” who are involved with their “father positively” in daily practices showed and display a better cognitive skill than children who get less or exceptionally involvement with fathers in daily routine practices. It has been revealed that father has great impact in children CD “cognitive development”. It has been found in the study that the more parents give time to their children talk to them the stronger their cognitive performance will be furthermore, in the brain child’s neural connection grow faster. Furthermore, a child academic achievements; social cognitive development can be affected by father involvement.

It was found in the research that if father becomes involved with their children’s learning and socialization the better it is.

Father negative, destructive behavior to their children leave negative results in later life if father does not support his children then children may suffer. Moreover, Those children who get a good number of father interaction and involvement a decent excellence and amount of times as well as attention this leads superior kid results and schools achievements moreover fathers play their role from kids’ life from beginning the

children get upper aptitude background than those kids who get less involvements and exposure with their “father”. Furthermore, it was also noted that Children who are in school and their fathers are involved with their cares they are better academic achievers.

“EMOTIONAL DEVELOPMENT”: Children can have better behaviors when they are emotionally developed and they can face any stressful situation and easily be adjusted .Both mother, father can deliver vital backing plus direction for kids’ “emotional development”. Both parents are equally responsible and contribute for children’ “emotional development”. It has been found in a study father regular communication and interaction especially throughout eight years with children leaves very less behavior difficulties and improved reading and mathematics marks at age ten.. Recent research originated that, although closely one half of the teenage mothers in the sample stated extraordinary father contribution at what time their kids were babies, this proportion reduced considerably over the next year as kids arrived toddler hood. Nonetheless there has been change between father involvements through two years of phase. And constructive parent association anticipated enlarged father Involvement by three years kids. One more study showed the relationship concerning “father character, involvement” plus future conceptual and intellectual wellbeing results. In spite of the fact that early “father r involvement” could not independently predict mental health outcomes in adolescence and in adult life, it had an important defensive part to mental “maladjustment” -in youths from non-intact relations and in contradiction of “emotional” suffering females. In the research has been no information found the strong effect of “father’s association” in puberty on “emotional” .This is extraordinary initial “father involvement” and participation played

a significant protecting character toward “psychological” disturbance plus suffering in upcoming time. In another search it has been discovered those babies or kids who are attached with their fathers strongly those children are able adequate to face any unidentified situation and show more spirited in the worrying circumstances remain extra excited to discover the around milieu and show maturity in their considerations. “Father involvement” is surely linked with kids’ whole life happiness and their practices of minus unhappiness kids of involved fathers are extra strong “emotionally”, to show good patience in pressure plus frustrated situation and ensure better and healthier problem resolving skills as well as display great “quantity” consideration to the problem when they get any kind of problem and manage their “emotions” in the unexpected shocking situation and deal it with a good method.

SOCIAL DEVELOPMENT: it is very much key for children a good social skill to be developed to be able to mark healthy relationships into many social conditions easily. It has been discussed in the research that father’s involvement has strong effect on child development, child to be health emerging ability to be a good parent in future generation. Further more, study also suggests that “fathers who are involved” in their children daily positive practices are more satisfied and learn to be a good father and get enjoyed and more likely they get strong and sustain involvement with their “developing children.” Father’s Involvement has been shown positively associated with kids’ whole social capability plus communal operative, “societal maturity” and “development” and ability for understanding and be adjusted “with others.”

“PHYSICAL DEVELOPMENT”: it can be defined changes occurs in the body according to the age passes it is quantitative component which is measurable such as Height and weight and other part of body change. A study has shown that “fathers” those spend supplementary time with their “children” those children get extraordinary energy “physical play” then ensure mothers. This gets children to form confidences that many their “physical” and bodily play activates will happen with dads promptly. Illustration, “a girl falls on her dad’s arm” and desires to swing as quickly as he comes through the opposite door on his way home from office. This style of activity can be very significant in a kid’s life “physical performance” not merely “develops muscles” and organization but may habitually be utilized to in still instructions and brings rules. Moreover, a “father” plays a very important role if he playing the role as a play companion he can get encouraged his kids that how to administrate oneself and to be self-governing which is the main landmark to acquire socially and emotionally growth. Furthermore, in another research shown that active physical sports with child it can improve the father –child affiliation and giving advantage to their children’s development. Fathers indirect effect also has the equivalent important in “physical development” of child as well as wellbeing of child. Father can influence the physical development of child through have good emotional supportive and helpful relations with their wives. It really counts very much and wives get solid intelligence of wellbeing decent post-partum psychological healthy pregnancy, child delivery procedure also get strong and well pregnancy manners, behaviors.

FATHER AND CHILD PLAY: A search displayed that those kids of distinguished fathers develop the external milieu “human and non-human”

over initial delivered through their dad parental variation ,trainings a promising effect “on the socio” operative progress of new kid by kids dealing in contact and communication with dad.

“FATHER INVOLVEMENT”: In FI exploration evidence shows that “fathers” those were not stated through “mothers” as taking been “involved” in their kids’ improving learning and knowledge remained, considerably extra possibly to stay on a little revenue than individuals those stated who had been with their kids in “home-based learning”. In addition it has been shown that those “children” whose mother and “father are more involved” in their development are more successful in their school life. Father performs in the literacy improvement a essential part; nonetheless children faces problems in educational ,academic actions if the father involvement is not there in child academic concerned, it makes the child feeble competitors .

Another study discovered that amongst countryside young kids in “Pakistan”, extra helpful fathers characters are connected with children’s advanced marks on the “Bayley” “mental growth”” index” and catalogue” and pointers.

A research study pointed at growing “father’s contribution in child rising. This study reinforced “fathers to be involved in certain happenings alike locating children to sleep, Sharing bed time’s stories “feeding and “bathing babies”. The searched disclosed that while fathers were inspired to be extra involved in these conducts, they paid additional time with their kids and moreover that the children get extra activeness, energeticness and happiness. “Father involvement” ,participation marks the great change in intellectual, logical “development” ,identification of gender role “development” or psychological development it is also noted that children

usually do better when they have good and strong attachment, affection with the fathers it does not matter father lives with them or he lives away however, the child does better. Father also leaves positive and constructive effect on the parent's marriage and on the children when father is actively involved with the children through this process mothers stress level comes down and both of them mother and father get relaxed. This surely gets a constructive influence on the parent's "marriage" and on the Children.

Most of the children understand the father as their play companions. Children like to play with their father more than mothers but, they go to mother when they are in stressful situations. Those sons who are nurtured and cared by fathers are more likely to get strong thinking rational power plus problem resolving abilities. Moreover, a study utters the nearness and intimacy of mom and dad, kid association had remained observed comprehensively than "attachment theory is at the" midpoint of this part of investigation. It tells mother and father compassion settle the safety of affections and therefore of the child's misbehaviour "mental adjustment." "Father's involvement", contribution presented the solid effect on "child development", child survival, child mental rational development and to be a positive constructive father in upcoming life. Another article is shown that positive "father involvement" is connected with more pleasing consequence for kids and young children as well as young people in education achievements particularly.

It is very much important to increase knowledge and awareness of the role and significance of fathers for all children specially those children who need the required knowledge about the importance of father. Weak children get improve their wisdom of significance and assurance to perform a chief and real and energetic share in learning and societal lives of their kids when they get positive encouragement and inspiration in their childhood. If it is

done so, they not just home the basis for more positive and participation for the next generation as well as ease the “development” and achievement of their children.

FATHER ROLE: However, some researchers noted character of “fathers” in the progress and development of their children’s skills paternalistic involvement and impact in the manner of kids’ aptitude development has been positively recorded. It was also found that father positive involvement in way of stimulating problems solving skills such as cognitive vocabulary knowledge and mathematical or language skills, development, fascinating creative latent special talents or better performance in schools and enlightening motivation for learning success. In spite of research on fathers in aptitude development, results were constructive and encouraging. Although, it is believed still that father’s main role is to get the family members financially supported and maintained, however, mother consumes the significant role to, foster and care the child. Moreover, father is considered the countless sources of motivation and inspiration and support and provision for children’s in aptitude development and growth and professional role model for their children those who are gifted. Father’s importance character in this new period needs to be redefined and re-examined and reconsidered understanding modification ,amendment and demands in families today by taking account of cultural ,ethnic and societal as well as personal and familial changes. Furthermore, a search shows that a decent father is very much important to the healthier development and well-being of a child if we have glance over the past then we will come to know that father’s role was just financial, economic supporter and backer now it contains nurturing , care giving and emotional support in child development.

Fruitful fatherhood associates powerfully with many qualities of children positively and magnificently developing, rising up. .

DISCUSSION AND RESULT: Having reviewed, the majority of the researches pointing out that “father involvement” is essential and he performs great character in child development throughout early age which is from birth to eight years. Additionally, father’s strong communication ,involvement and excellence and good amount of the time and carefulness will help and benefit child well, and superior to progress holistically including “socially”, “emotionally”, ”cognitively” and “physically”. Moreover,, “father’s involvement” can mark to have better formal education career for children ensuing from fathers participation has been discovered in relations of enhancing problem resolving abilities for instance, scientific ,linguistic talents, terminology awareness and thinking development, stabilizing imaginative capabilities superior capacities or improved performance in educational career successful inspiration for learning attainments .Furthermore, father plays the key role to the development of children in intellectually ,socially, “emotionally”, “cognitively” and “physically”. Those children who have close attachment and warm and deep relationship and association with the fathers those children have extra, more chance to have successful, prosperous life in future in do the same when he becomes a father. Now it is believed that father’s care, love, and affection and the way father treats to his children really count in child development.

RECOMMENDATIONS: Having seen the findings of LR one can come to conclusions that role of a “father in the development” seems to be extremely remarkable and considerable. Nevertheless, there have not been

many researches done on the substantial of “father role in Pakistan.” In order make aware people and provide them information and knowledge about this field there should be researches done on this topic. Besides, some researches have exposed that, early childhood educationalists collectively understand that kids’ social and emotional abilities are actual vital to get ready children for school and main developing material for” physical development” and “cognitive and understanding gaining at very early ages”. “Father can pay a great part in child’s emotional and social development. Nonetheless, persons do not have considerable knowledge about it. Therefore, “the role of father in child’s” “social” and “emotional” “development” to be researched so that individuals particularly fathers gain extra evidence about and contribute to their children “holistic development”.

CONCLUSION: Several researches greatly pointing out the father involvement in child care child shows healthier result “academically”, “cognitively, socially”, emotionally, “physically”, intellectually, in future lifetime. After reviewing many researches on the importance of “father in child development” we came to a point that “father plays” an equal role in child development as mother does .Father’s role must not be underestimate in development of the child since, he has the equal responsibility also to give the excellence and good amount of attention and care to the “children” so that “children grow and develop well”. . This LR is signifying that “father involvement plays” a significant role in early childhood development.

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